



**Anne Reith, Ph.D.**  
**Institute for Mediumship, Psychic, Astrological, & Reiki Training**  
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**California Client Information Form,  
Acknowledgement, & Consent to Receive Treatment  
(In accordance with California Senate Bill SB-577)**

**What are Reiki & Karuna Reiki®?**

Reiki and Karuna Reiki® are both forms of complementary health care practices. Research has shown that they can enhance the body's ability to heal itself.

**What Reiki & Karuna Reiki are not**

Dr. Anne Reith is not a licensed physician, and Reiki/Karuna Reiki does not require licensing by the State of California. They are meant to be a complement to “healing arts services licensed by the state”; i.e., they are a complement to traditional Western medicine provided by doctors, nurses, and other licensed medical professionals.

**Theory of treatment**

Eastern medicine believes that stress, trauma, and illness restrict the natural flow of ki (chi) or “life force energy” through the body. It is also believed that restoring this flow of this energy enhances the body’s ability to relax, which supports the body’s ability to heal itself. Reiki, Karuna Reiki, and many forms of energy healing (e.g., acupuncture, acupressure) are believed to help achieve this goal.

**Frequency of treatment**

Although one session may be adequate for acute problems (e.g., a headache), long-term imbalances in the body sometimes require multiple treatments in order to bring the body’s energy flow back into balance. Additionally, it is not uncommon that improvement will require commitment on the client’s part in order to fully benefit from treatment (e.g., willingness to make lifestyle changes that support a better flow of life force energy throughout the body).

**Nature of the services provided – In-person healings**

During in-person Reiki/Karuna Reiki® sessions, the client is typically asked to lie down, although chair treatments are an option. The client remains fully clothed during treatment sessions.

The majority of the session will involve the Practitioner holding their hands about 2-3 inches above the client's body. If guided to do so, the Practitioner will ask permission to place their hands on your body but only in a manner acceptable to you and within the legal limits of their practice as a Reiki/Karuna Reiki Practitioner.

Once the session begins, the Practitioner has been trained in how to allow the life force energy to flow through their hands. This energy may be experienced by you as a feeling of heat, coolness, vibrating, tingling, light pressure, a slight pulling sensation, or nothing at all.

The Practitioner may also use other techniques, such as sweeping the body of unneeded energy or using vocal tones to break up energy blocks. Crystals or stones (e.g., rose quartz, amethyst) may also be used on or near the body, if acceptable to the client.

### **Nature of the services provided – Distance healings**

If the healing session is conducted from a distance, then the client is often told what day and time the healing will occur. During this time, the client can lie down or sit quietly; however, it is fine if the client is fully engaged in other activities. The healing energy will be equally as effective whether the client is sedentary or physically active. However, the client is less likely to “feel” the healing energy (i.e., physical sensations) unless they are quiet at the time when the Practitioner performs the healing.

### **Potential outcome of healing sessions**

Although the life force energy is always used for the physical, mental, emotional, and/or spiritual well-being of the client, a specific outcome cannot be guaranteed. When conducting Reiki/Karuna Reiki sessions, the Practitioner is simply serving as a conduit or channel of the life force energy. God/Source/Spirit is the source of that energy and also determines where the energy is sent and how it will be used during each healing session.

Because Reiki is coming from God/Source/Spirit, it is believed that Reiki can never cause harm. During or after a treatment, the client may experience immediate improvement(s). However, there is also a chance that the client may experience a cleanse of some kind (e.g., feeling achy, tired, rashes, runny nose). Although cleanses don't always happen, they are often a good sign. They indicate that old, stagnant energy is moved out of the body in order for balance to be restored.

### **Dr. Anne Reith's qualifications**

Anne Reith, Ph.D., is a Reiki Master/Teacher and Karuna Reiki® Master. She has been practicing and teaching Reiki since 2002 and Karuna Reiki® since 2007. She is also a Sai Maa Diksha Practitioner and DivinePeaceHealing® Practitioner.

Anne also has been teaching psychic and mediumship development classes since 2002. She currently serves as the Director of the Institute for Mediumship, Psychic, Astrological & Reiki Training (IMPART). Dr. Reith is a Psychologist and earned her doctorate in Clinical Psychology from the University of California at Santa Barbara in 1993.

**Acknowledge & Consent to Receive Services**

In order to use Dr. Reith’s services, California state law requires that you acknowledge receipt of the information provided in this form and that you sign it. If requested, you can receive a copy of the signed form. Anne will keep the original in her records for three (3) years from the date of your last treatment.

- I have read and understand the above guidelines and disclosure about the treatments and techniques offered by Anne Reith, Ph.D., as well as her training and education.
- I have discussed with Anne any concerns that I have about the nature of the treatment she will be providing.
- If I experience any discomfort during the session(s), I agree to immediately inform Anne.
- I understand that Anne is not a licensed physician and that the services that she will be providing to me are not licensed by the State of California.
- I understand that it is my responsibility to maintain a relationship with a medical doctor for myself and/or my child.
- I understand that Reiki/Karuna Reiki is not a substitute for medical treatment or medications. I am aware that Anne Reith does not diagnose illness or disease nor does she prescribe medications or recommend supplements. I understand that any suggestions that are provided to me should not be taken as a diagnosis or recommendation against the advice of a licensed physician or mental health professional.
- I have consented to use the services offered by Dr. Reith, and I agree to be personally responsible for her fees in connection with the services provided.
- If requested, I have been provided with a copy of California Senate Bill SB-577.

**Client Acknowledgment**

I have read and understand the above disclosure regarding the Reiki/Karuna Reiki® treatment(s) that I will be receiving from Anne Reith, Ph.D. If requested, I will be provided with (a) a copy of this signed form and (b) a copy of the above document, in accordance with California State Law SB-577:

\_\_\_\_\_  
Print Name of Client

\_\_\_\_\_  
Print Name of Person Signing (if different)

\_\_\_\_\_  
Relationship to Client

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Revised 1/8/2024